

WILDCAT CHAT

Fraternity & Sorority Life Newsletter

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Let's Keep It Up!

Finals are in full swing for the students! They have worked diligently all semester and we are so proud of their efforts to balance academic and personal endeavors. Be sure to send your chapter some extra support this week and pass along these 7 study tips!

- Set specific and measurable goals for each study session to stay on track
- Create a master to-do list and schedule it by hour to accomplish measurable goals
- Draw it! Create tables, diagrams, mind maps, and pictures to represent and organize 3. information
- 4. Explain out loud. Using own words helps assess comprehension, which aids memory!
- Study with a buddy, but do not split the work! Reviewing the same topics as a unit 5. ensures information is not missed and full clarity
- 6. Check the front of the textbook & syllabus to check for online study aids
- Stay positive and persistent

Staff Spotlight | Travis Buchanan



Travis Buchanan is our newest staff member in our growing office! He has a diverse background with six years experience in Healthcare, in addition to working with the Fraternity and Sorority Community at UCLA, John Carroll University, and most recently with University of Nebraska at Kearney. Travis completed his Bachelor of Science in Nursing at Creighton University and is currently pursing his Master's degree at our University of Kentucky! Travis is affiliated with Sigma Alpha Epsilon and currently on the Board of Directors for Western States Leadership School. He is serving as our Sigma Chi house director and is ready to provide support and direction as a chapter coach for Beta Upsilon Chi, Delta Gamma, and Pi Beta Phi for the spring semester. We are very fortunate to add such enthusiasm and passion to our team!

Chapter Feature | Delta Gamma

"Do Good", words that we hold dear during the Holiday giving season and Delta Gamma was founded upon. Founded on Christmas Day, 1873 in Oxford, Mississippi, at the Lewis School for Girls, three young women created a club for "mutual helpfulness". Their purpose is to foster high ideals of friendship, promote education, and cultural interests, create a true sense of social responsibility, and develop the finest qualities of character. The women stand for these values through their time with Service for Sight. This philanthropic program supports the four schools founded by Delta Gammas for the visually impaired and other organizations that promote sight preservation and conservation. Our Kentucky chapter hosts Anchor Splash and Anchor Slam each year to raise resources and awareness for their philanthropy. Anchor Splash is a pool relay and



Olympic style event hosted at our Johnson Center! Then, Anchor Slam is a basketball tournament style shoot-out. Our community looks forward to these involved events each year and Delta Gamma always exceeds expectations with other creative events!

Policy Focus | Academic Break Policy Our Academic Break Policy is particularly for our on-campus Fraternity and Sorority Houses.

Spring Important Dates

This outlines the written requests needed for houses who have members interested in residing in their respective chapter houses for the duration of academic breaks and their houses are not managed by the University of Kentucky Fraternity & Sorority Life Office. The chapter must first meet certain requirements before permission will be granted for those students to reside in the houses. The individual wanting to remain at the house must be a current resident and staying for academic and/or employment purposes. The request for staying must be submitted by email to the Office of Auxiliary Services at least 2 weeks prior to the beginning of break. Contact Debra Ross, Assistant Director of Auxiliary Services, at Debra.Ross@uky.edu. The house director must also be living in the house for the durations of the break and the chapter must be in good standing with the university. Good standing includes, no pending discipline sanctions, no pending financial balances for the individual or chapter, all fire safety requirements have been met during the regular semester inspection, and an additional inspection prior to the academic break must be scheduled and all safety requirements have

Tuesday, Jan. 9	10am to 3pm: Council Officer Retreat 4pm: Conduct Training, mandatory for all Presidents
	First Day of Class!
	First Day Or Class!
Wednesday, Jan. 10	4pm: President Orientation
	6pm: Risk Reduction Training for Presidents, Social Chairs, and Risk Managers
Thursday, Jan.	4pm: Risk Reduction Training
11 11	5pm: Chapter President Orientation
Friday, Jan. 12	Required Forms & Roster Updates Due 5pm
	3:30pm: President Orientation
Tuesday, Jan. 16	5:30-6pm: Chapter Advisor Reception
	6-7:30: Chapter Advisor Meeting
Sunday, Feb. 4	12pm-5pm : Greek 101
Wednesday, Feb. 21	6pm: New Member Keynote Speaker, James Robilotta
Wednesday, Mar. 7	6pm: New Member Education, Facilitation & Presentation Skills
Wednesday,	6pm: New Member Education Training, Campus Resources



Wednesday,

Student and Academic Life Fraternity & Sorority Life